

# MOUNT GRACE

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## CAFÉ LUNCH MENU

### LIGHT BREAKFAST

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<b>MUESLI &amp; YOGHURT</b>	<b>R65</b>
Muesli served over creamy yoghurt topped with fresh fruits and drizzle of honey	
<b>PASTRY BASKET</b>	<b>R105</b>
Selection of Danish pastries, muffin, croissant with jam and butter	
<b>ARTISAN CHARCUTERIE PLATTER (P) (N)</b>	<b>R165</b>
Selection of sliced cold meats, flat bread, mustard, pickle, olives and feta with orange marmalade	

### MAINS

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<b>GARDEN GREEK SALAD</b>	<b>R95</b>
Baby lettuce, olives, feta, cucumber, red onion, cherry tomato and yoghurt dressing	
<b>CHICKEN CAESAR SALAD</b>	<b>R105</b>
Cos lettuce, anchovy, bacon, chicken breast, Caesar dressing, crouton, grana padano and poached egg	
<b>HUMMUS &amp; TOFU SALAD BOWL</b>	<b>R125</b>
Crisp greens, cherry tomatoes, cucumber, creamy hummus, marinated grilled tofu, pumpkin seeds, lemon dressing	
<b>SMOKED SALMON SALAD</b>	<b>R135</b>
Smoked salmon trout, avocado, soft boiled egg, capers, soy dressing	

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(S) Shellfish | (P) Pork | (PN) Peanuts | (TN) Tree Nuts | (V) Suitable for Vegetarians

Please note that while every effort is made to use fresh ingredients in the preparation of food and beverages served on these premises, food and beverages including dairy products, ice cream, frozen dessert, proprietary sauces, juices, preserved meats, served may contain permitted artificial colourants, flavourants and preservatives, in addition, certain foodstuffs have been packaged and prepared on premises in which nuts may be present.

Non-Halaal and Non-Kosher foods are prepared and served on the premises.

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## CAFÉ LUNCH MENU

### OPEN SANDWICHES

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On rye or health bread

Plain or toasted served with side salad

#### BUFFALO RIDGE MOZZARELLA

R105

With heirloom tomato, basil, balsamic reduction

#### PASTRAMI & SWISS CHEESE

R105

With pickles, whole grain mustard and onion marmalade

#### SMOKED SALMON

R135

On wholegrain bagel with whipped cream cheese, crisp cucumber, red onion, capers and fresh dill

### DESSERT

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#### HEALTHY SMOOTHIES

R85

Tropical banana, almond milk, chai seeds, ginger and turmeric

Cucumber, spinach, mint, apple and honey

Mixed berry, low fat yoghurt and sunflower seeds

#### FRUIT KEBABS

R85

Seasonal fresh fruits served with side of honey-yoghurt dip

#### DESSERT TRIO

R110

Chef's choice

#### COUNTRY SIDE CHEESEBOARD

R165

Selection of local cheeses, dried fruit, crackers and preserves

#### DRY SNACK PLATTER

R205

Honey and chili biltong, mixed nuts, dry wors and dried fruits

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