

# SPA TREATMENT MENU

CLASSIC MASSAGES		BODY EXPERIENCES	
Back, Neck & Shoulder Massage (30min) Back, Neck & Shoulder Massage (45min) Back, Neck & Shoulder Massage (60min) Bellabaci Aromatherapy Full Body Massage (60min) Bellabaci Aromatherapy Full Body Massage (90min)	R485 R645 R860 R910 R1075	Full Body Exfoliation (30min) Babor Signature Full Body Experience (90min) Thalgo Pacifique Islands Journey (90min) Thalgo East & Indian Ocean Journey (90min) Thalgo Atlantic Coast Journey (90min)	R535 R1200 R1350 R1350 R1350
Swedish Full Body Massage (60min) Swedish Full Body Massage (90min)	R860 R1020	DAMPED IOUDNEVC	
Hot Stone Full Body Massage (60min)	R950	PAMPER JOURNEYS	
Hot Stone Full Body Massage (90min)	R1125	LOVERS OR FRIENDS PACKAGE FOR TWO (90min)	R3500 pc
Deep Tissue Full Body Massage (60min) Deep Tissue Full Body Massage (90min)	R860 R1050	Enjoy a light lunch to the value of R400 with a glass of sparkling wine each	
Pre-Natal Back, Neck & Shoulder Massage (30min)	R520	30 min Full Exfoliation	
Pre-Natal Full Body Massage (60min)	R910	60 min Swedish Full Body Massage	
Leg & Foot Massage (30min)	R485	Spa Gift	
Scalp Massage (30min)	R430	DOND A DALLANCE COURT EC DA CIVACE	
ADD-ON'S	DEO	BOND & BALANCE COUPLES PACKAGE (120min)	R4425 pc
Hot Stones Cupping	R50 R50	Enjoy a light lunch to the value of R400 with a glass of sparkling wine each	
Muscle Relief Gel	R100	Scalp Massage	
Aromatherapy Oils	R100	Foot Treatment (exfoliation & massage)	
		Swedish Full Body Massage	
FACIAL COLLECTION		Spa Gift	
Babor Hydra Boost Facial (30min)	R485	THE GENTLEMAN'S RETREAT (180min)	R2455 pp
SIX Energising Skin Treatment (30min)	R410	Enjoy a light lunch to the value of R200 with a glass of	112400 pp
SIX Double Exfoliating Skin Treatment (45min) Babor Signature Facial Experiece (60min)	R565 R860	sparkling wine each	
SIX Rejuvinating Skin Treatment (60min)	R750	Deep Tissue Full Body Massage	
Babor HSR® Lifting Facial (90min)	R1300	SIX Double Exfoliating Skin Treatment     Man's Foot Crossing	
Doctor Babor Advanced Facial (90min)	R1450	Men's Foot Grooming	
MANICURES & PEDICURES		THE ENCHANTED ESCAPE (180min)	R2475 pp
	D200	Enjoy a light lunch to the value of R200 with a glass of	
Express Manicure (30min) Express Pedicure (30min)	R300 R325	sparkling wine each	
Classic Spa Manicure (60min)	R375	<ul><li>Babor Signature Full Body Experience</li><li>Hotstone Full Body Massage</li></ul>	
Classic Spa Pedicure (60min)	R430	SIX Energising Skin Treatment	
Gel Manicure (75min) Gel Pedicure (75min)	R485 R600	Cort and groung count recommend	A
Medi Solutions Foot Peel Treatment (60min)	R600	THE LUXE ESCAPE (180min)	R2500 pp
ADD-ON'S (Only if booked a manicure or pedicure)		Enjoy a light lunch to the value of R200 with a glass of	<b>( )</b>
Foot Peel	R100	sparkling wine each	( /
Soak Off (each)	R150	<ul><li>Bellabaci Aromatherapy Full Body Massage</li><li>Babor Signatue Facial</li></ul>	
		Deluxe Pedicure with Foot Wrap	

### **BOOKINGS & CANCELLATION POLICY**

Pre-booking treatments is essential. Voucher details or full payment is required to secure your Spa booking. Resident guests please make changes or cancellations 12 hours prior to treatments and Day-visitors a 48 hour treatment change or cancellation notice period.

#### **HOURS OF OPERATION**

The Spa is open from Sunday to Thursday 09h00 - 17h00, Friday & Saturday 09h00 - 20h00.

## **COMPLIMENTARY USE OF SPA FACILITIES**

Spa guests may make use of the Steam Room, Heated Outdoor Jacuzzi, Heated Floatation Pool, Infinity Pool and Reflexology Walkway.

**CHILDREN POLICY** No children under the age of 16 allowed at the spa pools or for treatments.