



Connexion Restaurant Light Meals **MENU**

All prices include VAT

Allergy Notice: We use ingredients in our food that some people may be allergic to. All food is stored and prepared in a common kitchen with the risk of exposure to the allergens. We cannot guarantee that any foods or beverages are allergen free even if the allergen does not appear in the name or the ingredients listing. If you have food allergies then ask kitchen management about any specific allergens in the food before eating any food from the menu.

STARTERS

SOUP OF THE DAY R85

Served with healthy seeded bread & sundried tomato butter. (Gluten)

STICKY SOYA-MARINATED CHICKEN WINGS R145

Chicken wings marinated in soy sauce, sesame oil, chilli, coriander, lime & ginger. Served with crispy shaved cucumber & fried rice. (Soy)

TRIO OF ARANCINI R115

Smoked beef, chicken & mushroom with basil pesto. Served on our homemade tomato chutney. (Gluten/Tree Nuts/Dairy)

PERI-PERI CHICKEN LIVERS R90

Chicken livers cooked in our home-made peri-peri cream sauce. Served with toasted ciabatta. (Gluten/Dairy)

CRUMBED MILD SPICED FISH CAKES R145

Served with a delicious paprika dip made of cream cheese, red pepper, garlic, paprika, parsley, honey & olive oil. Served on a bed of beetroot & fresh garden salad leaves. (Gluten/Dairy)

CRISPY GRILLED CALAMARI R130

Served on a bed of salad greens with smoked mint yoghurt & charred orange segments. (Dairy)

SALADS & LIGHT MEALS

CLASSIC GREEK SALAD (Dairy) R130

GRILLED HALLOUMI AND CAJUN CHICKEN SALAD R130

Cajun spice marinade, baby leaves, cocktail tomatoes, red onion, poached pear & crushed walnuts. Drizzled with a mint and lime dressing. (Dairy/Tree Nuts)

GRILLED APRICOT SALAD R135

Grilled apricot wedges, cherry tomatoes, toasted ciabatta slices with cream cheese, sweet chili jam, deep-fried capers, avocado, toasted cashew nuts & mixed lettuce. Drizzled with a mint and lime dressing. (Tree Nuts/Gluten)

MEDITERRANEAN SALAD R135

Roasted cherry tomatoes, yellow peppers, beet wedges, rocket leaves, olives & croutons. Served with homemade hummus, basil pesto & pea shoots. Finished with a light citrus dressing. (Legume/Gluten/Tree Nuts)

TRADITIONAL FISH & CHIPS (Gluten) R155

SANDWICHES & BURGERS

CHEESE SANDWICH (White, Brown, or Seeded) R75

Toasted cheese sandwich with Mrs. Ball's chutney & lettuce. Served with fries or side salad. (Gluten)

EXTRA SANDWICH FILLINGS (price per extra):

Chicken Mayo / Bacon / Avocado R40

Egg R20

Tomato / Onion R10

GRILLED STEAK PANINI R195

Melted Emmental cheese, caramelized onion, rocket and sliced tomatoes. Served with crispy fries & a side salad. With your choice of peri - peri or BBQ sauce. (Dairy)

CRUMBED CHICKEN WRAP R165

Crumbed chicken strips, cheese, lettuce with spicy gherkin mayo. (Diary/Gluten)

200G FLAME-GRILLED PEPPERCORN CHICKEN BURGER R145

Grilled chicken fillet, peppercorn sauce & melted cheese. Served with fries. (Diary)

WESTLAKE BURGER R170

Toasted brioche roll with mayo, lettuce, tomato, beef patty, roasted peppers, fried golden-brown onions, mushrooms, melted cheese & tomato chutney. Served with fries. (Diary/Gluten)

DAILY CONNEXION BEEF BURGER SPECIAL R150

Toasted brioche roll with mayo, tomato chutney, beef patty, melted cheese & topped with Lyonnaise potatoes. (Diary/Gluten/Egg)

VEGGIE BURGER R155

Toasted brioche roll with mayo, lettuce, gherkin, red onion, melted cheese & tomato chutney. (Diary/Gluten/Egg)

PASTA

(*Gluten free pasta +R25)

SMOKED TOMATO PASTA R115

Spaghetti with home-smoked tomato sauce, sun-blushed tomatoes, rocket, pea shoots & parmesan cheese. (Dairy)

CONNEXION CHICKEN PASTA R150

Tagliatelle, olives, sun-blushed tomatoes, peppers, sundried tomato pesto in a creamy sauce. Garnished with fresh rocket & parmesan cheese. (Dairy/Tree Nuts)

SEAFOOD SPAGHETTI R210

Marinated calamari, mussels & shrimp, thinly sliced red cabbage, paprika & roasted pepper in a cream sauce. (Dairy/Shellfish)

VJ LINGUINI R140

Linguini with onion, chickpeas, roasted butternut, sun-blushed tomatoes & spinach. Sautéed in coconut milk & topped with parmesan cheese. (Dairy/Legumes)

BUTTERNUT & MUSHROOM RISOTTO R115

(Dairy/Gluten)

DESSERT

BAKED CHEESECAKE R145

With berry coulis & ice cream or whipped cream. (Dairy)

HOT CHOCOLATE LAVA CAKE R140

With chocolate sauce, ice cream or whipped cream. (Dairy/Gluten)

ICE CREAM R75

Trio of ice cream on chocolate soil, finished with chocolate & strawberry sauce. (Dairy)

SEASONAL FRUIT SALAD R85

Served with your choice of cream or ice cream. (Dairy)