## À LA CARTE HOT BREAKFAST SELECTION

Eggs Florentine	120
English muffin, Poached eggs, Spinach, Hollandaise	
Eggs Benedict 🕲 🗓 🔘 🕸	240
English muffin, Poached eggs, Fried Parma ham, Wild rocket and Hollandaise	
South African Benedict ① ② 🐨 🚳	190
English muffin, Poached eggs, Boerewors pinwheels, Chakalaka and Hollandaise	
Smoked Salmon Benedict @ ① ② ⑥ ﴿	200
English muffin, Poached eggs, Cream cheese, Wild rocket, Smoked salmon and Hollandaise	
Vegan Benedict	165
Beetroot English muffin, Baba Ghanoush, Grilled zucchini, Avocado, Sesame seeds,	
Artichoke, Cayenne pepper and Hollandaise	
Sunrise Breakfast	180
Choice of Sausage (Beef, Pork, Lamb, Chicken or Soy), Bacon, Hash brown, Sautéed cocktail	
tomato, Sautéed mushrooms and 2 Eggs any style	
Poached Egg (Soft, Medium, Hard)	
Scrambled Egg (Soft, Medium, Hard)	
Boiled Egg (Soft, Medium, Hard)	
Fried Egg (Soft, Medium, Hard)	
Early Morning Omelette	180
3 Egg Omelette (Egg white omelette / Vegan omelette available on request)	
Please select your filling - Ham, Tomato, Mushroom, Onion, Bacon, Spinach, Tofu and Cheese	
Vegan Omelette	190
Chickpea plant based omelette served with your choice of plant based filling:	
Peppers, Onions, Mushrooms, Spinach, Tofu, Tomato, Soya	
Healthy Breakfast 🕛 🔘 🍪	240
Whole Wheat toast, Hummus, Avocado, Poached eggs, Sautéed tomatoes on the vine	
Quills Shakshouka	
Sheba sauce cooked with two soft boiled eggs	
Lamb	300
Beef	240
Venison	260
Chicken	220
Prawns	320
South African Scramble Wrap 🔘 🗑 🚳 🛞	170
Springbok biltong cooked with Scrambled eggs, served in a wrap with Rocket, Tomato and	
Avocado	
Vegan Breakfast 🚳 🚇 🥪	170
Fried plantain, Avocado, Chia seeds, Scrambled tofu, Hummus, Panko asparagus, Kale and	
Sautéed mushrooms	
Warm Pancakes (Vegan Option Available)	120
Mixed berries, Maple syrup, Grilled banana topped with Rose essence sugar	

BREAKFAST

All à la carte items include a variety of toast, jams & preserves.

Waffles (Vegan Option Available)	130
Freshly baked waffles served with Chantilly Cream, Maple syrup and Mixed berries  French Toast (Vegan Option Available) ① ②	130
Egg soaked and fried bread topped with a grilled banana, served with cinnamon sugar, Maple	150
syrup, Mixed berries and Powdered sugar	
Flapjacks (Gluten Free and Vegan Option Available)	120
Maple syrup, Mixed berries, Crispy bacon and Powdered sugar  Ouills Oats	65
Topped with Flaked almonds, Cashew nuts, Pumpkin seeds, Goji berries, Flaxseeds, Mixed berries	
and Moringa powder	
Sorghum Porridge	65
Cinnamon powder, Banana, Goose berries, Cranberries and Pistachio nuts	
CONTINENTAL BUFFET SELECTION	
Please select your preferred items from the abundance of local and international products on	280
our continental buffet.	
Freshly baked pastries, croissants, muffins, country loaves, continental rolls, cereals, yoghurts,	
seasonal fruits, delightful charcuterie, local and international cheeses and smoked fish to name	<del>)</del>
only a few items	
QUILLS FULL BREAKFAST	320
One hot breakfast of your choice is served along with our wholesome continental buffet	
BEVERAGES	
Freshly brewed coffee (filter or decaffeinated)	50
Cappuccino with cream or froth Americano	50 50
Hot Chocolate	55
Tea selection (Ceylon, Rooibos, English breakfast, Earl Grey)	50
Fresh fruit juice selection (Orange, Mango, Apple, and Guava) Veggie juice made fresh everyday	40 80
Smoothies	65
Avocado and Blueberry	
Almond milk, Fresh spinach, Banana, Avocado, Blueberries, Flaxseed, Cinnamon  Beetroot	
Almond milk, Mixed berries, Beetroot, Pineapple, Plain yoghurt, Honey (use agave to make vegar	1),
Chia seeds Vitamin C	
Orange, Banana, Mango, Turmeric, Fresh ginger, Lemon juice, Honey, Strawberries, Oat Milk	
Moringa	
Assorted nuts, Banana, Nutella, Cinnamon, Egg white, Granola, Moringa powder	
Vegan Vegerfarian Contains Con	Contains Sesame Seeds

Bills are presented to all guests. Should your room package include breakfast, please simply record your name and room number and this will not be charged to your room. A bed & breakfast package includes the Quills Full Breakfast offering.

All prices are in ZAR and include VAT

Service charge is not included