



## AN OASIS OF CALM IN JOHANNESBURG



### MASSAGES

#### THE SEA WHISPERER

Relax to the flowing sequence of our signature massage, a fusion of massage styles from around the world to lull you into a blissfully relaxed state.

60 mins R960 | 75 mins R1080 | 90 mins R1210

#### SERENE SOUL MASSAGE

This intuitive massage can be designed with you in mind. Your therapist will concentrate on your specific needs and areas of concern. Please discuss with therapist.

60 mins R925 | 75 mins R1050 | 90 mins R1170

#### DEEP TISSUE MASSAGE

This massage helps destress those tired and sore muscles by doing a firm massage with a blend of active muscle rub.

60 mins | R950

#### FUSION MASSAGE

This relaxing experience is a massage for the entire back of the body, including the back of your legs and finishing off with the head and feet.

45 mins | R830

#### MAMA'S TOUCH MASSAGE

A pregnancy massage designed to target mum's specific needs while nourishing her skin with omega enriched oils.

60 mins | R950

#### BELLABACI CUPPING COLOUR THERAPY

Let your body tell you what it needs by using the colour therapy your therapist will talk you through this and customize your treatment to what your body needs.

60 mins | R970

#### INDIAN HEAD MASSAGE

30 mins | R510

#### BACK MASSAGE

45 mins | R670

#### REFLEXOLOGY

30 mins | R460

#### REVIVE LEG MASSAGE

30 mins | R510

#### MASSAGE ADD ON

Bellabaci cups | R100  
Hot stones | R100

### BODY TREATMENTS

#### SALT PEELING SCRUB

This body scrub is a combination of salt peeling and massage oil, leaving your skin feeling brand new.

30 mins | R600

#### SUGAR PEELING SCRUB

Sugar scrub for the whole body to remove dead skin cells, leaving the skin exfoliated and moisturized.

30 mins | R600

#### SCULPTING SENSATION

An intense body treatment using Dr Babor which actively works to minimise the appearance of cellulite while breaking down fat deposits and increasing your skin's metabolism leaving your skin firm and smooth.

60 mins | R1440

#### BRILLIANCE BODY

A combination of a Dead Sea salt body polish, a back massage and an application of lavender or jasmine body butter, for a radiant result.

75 mins | R940

#### SELF-HEATING BODY WRAP

Experience the self-heating body scrub and wrap to stimulate circulation and restore the whole body.

60 mins | R1020

#### SKIN GET A LIFE BODY WRAP

This treatments includes a body scrub, the wrap will restore your skins resilience and deeply balances moisture levels, enjoy head or foot massage while wrap is on.

60 mins | R1050

#### RE-MINERALIZING BODY WRAP

This indulgent experience will leave your body refined and smooth. The ritual includes a body polish, a mud wrap, a hair treatment with argan oil serum and an application of collagen and anti-oxidant butter. Receive a gift of an authentic Dead Sea soap bar to extend the result.

60 mins | R1080

### SPA BATH THERAPY

An addition to a massage or body treatment.

#### CUSTOMISED BATH

Relaxing, detox or energise  
30 mins | R390

### FACIALS

#### PURIFYING FACIAL

This purifying treatment targets blemishes relating to over productive sebum by promoting skin health.

60 mins | R900

#### MOISTURIZING CLASSIC FACIAL

Treatment based on restoring skin health, delivers long lasting hydration for dry and dehydrated skins.

60 mins | R980

#### CALMING CLASSIC FACIAL

This calming treatment instantly soothes environmentally induced skin sensitivity – for sensitive skins.

60 mins | R980

#### BALANCING CLASSIC FACIAL

Regulates oil productions in the skin and assist in providing matt complexion for combination skins.

60 mins | R970

#### VITAMIN BOOST FACIAL

Rich in vitamins to provide anti-oxidants protection against ageing and daily environment exposures boosting skin natural ability to protect itself – for all skin types.

60 mins | R1060

#### AGE CONTROL FACIAL

This facial targets expression lines and minimizes the appearance of fine lines, leaving the skin looking radiant and relaxed.

60 mins | R1160

#### EXPRESS FACIALS

Hydra infusion 30 mins | R640  
Glow infusion 30 mins | R640  
Purifying express 30 mins | R585

#### AMPOULE CRASH

Hydro plus / Algae vitaliser  
R180 per ampoule

### HAND AND FOOT CARE

#### MANICURE AND POLISH

Nail care, massage and polish.  
60 mins | R380

#### SPA MANICURE AND POLISH

Nail care, massage, hydrating mask and polish.  
75 mins | R400

#### GEL MANICURE

Nail care, massage and gel paint.  
75 mins | R440

#### PEDICURE AND POLISH

Nail care, foot care, massage and polish.  
60 mins | R440

#### SPA PEDICURE AND POLISH

Nail care, foot care, massage, hydrating mask and polish.  
75 mins | R465

#### GEL PEDICURE

Nail care, foot care, massage and gel paint.  
75 mins | R500

#### PEEL ADD ON

Add on to your pedicure  
15 mins | R170

#### FOOT PEEL

This treatment is for dry cracked skin on the feet, it hydrates and softens calluses.  
45 mins | R440

#### GEL SOAK OFF

30 mins | R180

#### GEL ADD ON

15 mins | R250

#### GEL COLOUR EXPRESS

Nail care and gel polish.  
30 mins | R375

### WAXING

Please enquire at reception when making a booking.

### SPA COLLECTIONS

#### BALANCE

Back massage  
Express facial  
1.5 hours | R1180

#### INFINITY

Sea whisperer massage - 60 mins  
Balancing facial - 60 mins  
2 hours | R1740

#### REKINDEL

Spa bath - 30 mins  
Cupping color therapy massage - 60 mins  
Includes glass of wine or non-alcohol beverage  
1.5 hours | R2410 per couple

#### RESTORE

Serene soul massage - 60 mins  
Vitamin boost facial - 60 mins  
Pedicure and polish - 60 mins  
Spa lunch included  
3 hours | R2210

#### EXHALE

Sea whisperer massage - 60 mins  
Salt peeling scrub - 30 mins  
Moisturizing facial - 60 mins  
2.5 hours | R4545 per couple

#### ETERNITY

Serene soul massage - 60 mins  
Customized body wrap - 60 mins  
Classic facial - 60 mins  
Manicure and polish - 60 mins  
Pedicure and polish - 60 mins  
Spa lunch included  
5 hours | R3420

### MEN'S FACIAL AND GROOMING

#### URBAN MASCULINITY FACIAL

Re-energize, revitalize and smooth your tired and fatigued skin with this brilliant energizing facial specialised to men's skincare needs.  
60 mins | R890

#### BUFF AND SHINE

Nail care and buff.  
30 mins | R245

#### SPA HAND GROOMING

Nail care, massage, hydrating mask and buff.  
60 mins | R365

#### FOOT GROOMING

Nail care, foot care, massage and buff.  
45 mins | R420

#### SPA FOOT GROOMING

Nail care, foot care, massage, hydrating mask and buff.  
60 mins | R450

#### PEEL FOOT GROOMING

Nail care, foot, massage, peel and buff.  
60 mins | R475

#### WAXING

Enquire at reception when making a booking.

The treatments you select are reserved especially for you.

Guests will be charged 50% cancellation fee for treatments cancelled less than 6 hours in advance.

Gift vouchers are available for purchase at the Spa. Spa vouchers are valid for 3 years.

Prices are subject to change without notice.

All packages 3 hours or more get a complimentary Spa lunch.

Late arrivals will have their treatment times reduced accordingly.

Mobile phones are to be switched off on arrival.

You can redeem your SunRands at the Spa.

Operating Hours: Sunday to Monday - 08h30 to 19h00  
Tuesday to Saturday - 08h30 to 20h00  
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email: sandtonsun.spa@southern.sun.com | telephone: 011 780 5500