

# VIGOUR & VERVE

coffee & everything in between

## BEFORE

### STARTERS & SALADS

**SOUP OF THE DAY** R75  
Served with croutons

**GREEK SALAD**  R115  
We have our own local version

**CALAMARI SALAD** R140  
Grilled or fried. Baby marrow ribbons, lettuce, bell peppers and lemon

**PERI PERI CHICKEN LIVERS** R100  
Accompanied with poppadum and garlic butter

**V&V CAESAR SALAD** R160  
With chicken, bacon, garlic croutons, boiled egg and Caesar dressing

**WEST COAST MUSSELS** R150  
In a tomato and white wine sauce served with toasted ciabatta  
**As main course** R230

## IN BETWEENERS

**CLASSIC PANINI**  R85  
Tomato, onion, cheddar and chutney

**SMOKED CHICKEN PANINI** R120  
Mayo, tomato and cheddar

**V&V CLUB SANDWICH** R155  
Sour dough bread. Chicken, lettuce, cheese, bacon, tomato & avocado, served with french fries

**OUR SIGNATURE V&V CHICKEN WRAP** R150  
Served with sweet chilli and french fries

## V&V BURGERS

**BEEF** R140  
**CHICKEN** R130  
**VEGGIE** R130

Lettuce, tomato, onion, pickles and Cheddar cheese (without the bun if you prefer)  
Served with french fries

## PASTA

**PENNE PASTA**  R105  
Napolitan sauce with grated pecorino, and rocket

**BUTTERNUT RAVIOLI**  R145  
Creamy garlic sauce with sage and burnt butter

**PRAWN TAGLIATELLE** R190  
With chilli, lime and fresh rocket

**SPAGHETTI BOLOGNAISE** R165  
Classic Italian dish, with parmesan cheese

## BETWEENERS

### HOT OFF THE GRILL

Served with french fries

**GRILLED ½ BABY CHICKEN** R165

**BEEF SIRLOIN 250G** R195

**MIXED BRAAI PLATTER (Serves 1 person)** R260  
Boerewors, Chicken Wings, Lamb Saddle Chop

**BEEF RUMP 300G** R220

## EXTRAS

### SIDES:

**PAP & SHEBA** R45  
Stiff maize meal and tomato relish

**OVEN ROASTED VEGETABLES** R55

**FRESH SEASONAL SALAD** R45

**FRENCH FRIES / MASHED POTATO / RICE** R35

### SAUCES:

**CLASSIC PEPPERCORN** R35

**RED WINE JUS** R35

**MUSHROOM** R35

**PERI PERI - VERY HOT** R35

**LEMON BUTTER** R35

## LOCAL FAVOURITES

Authentic dishes of our region, the way they were prepared by our ancestors

**CAPE MALAY ROTI** R140  
Filled with butter chicken curry. Served with french fries and sambals

**BUTTER CHICKEN** R165  
Tender grain-fed chicken, classic fragrant spices, steamed rice, roti and sambals

**FISH & CHIPS, THE CLASSIC WAY** R185  
Tempura battered hake and tartar sauce Served with french fries

**CATCH OF THE DAY** R320  
Locally sourced line fish served with prawns and mussels

**OUR SIGNATURE V&V CHICKEN WINGS** R185  
BBQ or Peri Peri or lemon and herb with corn and additional side

**LAMB CURRY** R325  
Basmati rice, roti and sambals

**PORK SPARE RIBS** R310  
500g BBQ or Peri Peri basted with onion rings and french fries

**RED WINE BRAISED BEEF OXTAIL** R290  
With mashed potato and seasonal oven roasted vegetables

## KIDDIES

**CHICKEN NUGGETS** R75  
With chips or salad or mixed vegetables

**KIDDIES FISH & CHIPS** R75  
With chips or salad or mixed vegetables

**SPAGHETTI WITH BUTTER** R55  
(Add bolognaise) R25

**KIDDIES CHICKEN BURGER** R75  
With chips or salad

**KIDDIES BEEF BURGER** R75  
With chips or salad

## AFTERS

**CAKE OF THE DAY** R85

**FUDGE BROWNIE** R85  
With a scoop of vanilla ice cream

**MALVA PUDDING** R75  
With custard

**CREPES** R85  
With orange segments and sauce. Served with vanilla ice cream

#### Allergy Notice

We use ingredients in our food that some people may be allergic to. All food is stored and prepared in a common kitchen with the risk of exposure to the allergens. We cannot guarantee that any foods or beverages are allergen free even if the allergen does not appear in the name or the ingredients listing. If you have food allergies then ask kitchen management about any specific allergens in the food before eating any food from the buffet or from the menu.  
Date: June 2025

All prices are in South African Rands and include VAT.  
 Vegetarian dishes



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