

FOOD MENU

Garden Court Polokwane

STARTERS

CRUMBED MUSHROOM -V- **R110**
Crumbed button mushrooms on a bed of greens accompanied by yogurt and herb dressing

CHICKEN LIVERS WITH FETA CRUMBLE **R85**
Pan fried chicken livers in a peri-peri or mild tomato based sauce, topped with crumbled feta and served with toasted bread

SOUP

SOUP OF THE DAY **R85**
Enquire with the waitron about our soup of the day, served with toasted bread fingers

SALADS

INFUSED GREEK SALAD **R105**
Feta, cheese, olives, tomato wedges, onions, peppers & cucumber on crispy greens with Greek dressing

CAJUN CHICKEN SALAD **R145**
Grilled chicken strips set on medley of fresh garden greens, herb croutons served with creamy herb dressing

ROASTED CHICK PEA AND HALOUMI SALAD **R110**
Roasted chick peas and haloumi strips layered on a bed of crispy greens, pepper dews and green pesto salad dressing

ASSORTED SANDWICHES

On White/Brown or low GI bread either toasted or plain served with French fries and tomato sauce

	Full Portion	Half Portion
Bacon , Egg & Cheese	R105	R80
Cheese & Tomato	R95	R60
Chicken Mayo	R100	R70
Ham & Cheese	R100	R70
Tuna Mayo	R105	R80
Spinach & Feta	R95	R60

LIGHT MEALS

BBQ CHICKEN WINGS **R150**
Chicken wings basted with BBQ sauce served with French fries

FISH AND CHIPS **R200**
Deep fried or grilled hake fillet with French fries and tartar sauce

BEEF OR CHICKEN CLUB SANDWICH **R170**
Toasted, filled either with beef steak or chicken breast, bacon, fried egg, tomatoes, lettuce, mayonnaise & served with French fries and sweet chilli dip

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LIGHT MEALS

BEEF OR CHICKEN BURGER R150

Grilled beef patty or chicken breast on a toasted bun with lettuce, sliced tomato, gherkins, onion, sliced cheese served with French fries and tomato sauce

CHICKEN OR BEEF WRAP R130

Sautéed strips of chicken or beef, peppers and onions wrapped in toasted flour tortilla served with French fries and sweet chilli sauce

VEGETABLE BURGER R135

Pan fried vegetable patty on toasted bun with lettuce, sliced tomato, gherkins, fried onion served with French fries and tomato sauce

FRENCH FRIES R60

Portion of Fries served with Tomato Sauce

PASTA

SPAGHETTI BOLOGNAISE R150

Spaghetti with bolognese sauce topped with grated parmesan cheese

CLASSIC MAC AND CHEESE R120

Macaroni cooked in a creamy cheese sauce gratinated with gouda cheese

CHICKEN AND MUSHROOM ALFREDO R145

Penne cooked in a creamy mushroom and green pepper sauce with chicken cubes

FROM OUR GRILLS

ALL MAIN DISHES ARE SERVED WITH VEGETABLES AND A CHOICE OF RICE, MASH POTATO, FRENCH FRIES OR PAP

300g LAMB CHOPS R320

Marinated in rosemary and garlic, grilled and served with mushroom sauce

300g RIB EYE STEAK R260

Grilled to perfection and accompanied by roasted marrow bone and pepper sauce

GRILLED PRAWNS R250

8 Butterflied prawns grilled and served with garlic butter and peri-peri sauce

350g T-BONE STEAK R230

Grilled and served with a sauce of your choice

400g PORK RIBS R280

BBQ marinated pork ribs

GRILLED CHICKEN ¼ LEG R155

Chicken ¼ leg grilled and served with tomato relish

MATSAKENG GARDEN MIXED GRILL R230

Grilled beef steak 150g, boerewors 150g, BBQ chicken wings and egg served with tomato relish and pap

LAMB CURRY R290

Slow cooked aromatic lamb cubes served with rice, poppadum and sambals

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EXTRA SIDES & SAUCES

SAUCES

R35 EACH

Mushroom sauce
Pepper sauce
Tomato relish
Rosemary and mint sauce
Cheese sauce
Peri peri sauce

STARCHES

R40 EACH

Rice
Pap
Mashed Potato
French Fries
Vegetables of The Day

DESSERT

MALVA PUDDING

R125

Baked Malva pudding with custard

STRAWBERRY CHEESE CAKE

R110

Cheese cake strawberry with wild berry sauce

TROPICAL FRUIT SALAD

R85

Seasonal fruits served with ice cream

CAKE OF THE DAY

R150

Served with Ice cream or cream

TRIO OF ICE CREAM

R80

Vanilla, chocolate, strawberry flavoured ice cream with chocolate sauce

HOT DRINKS

Cappuccino	R42
Filter Coffee	R38
Café Latte	R44
Assorted Teas	R32
Americano	R38
Espresso Single	R32
Espresso Double	R50
Hot Chocolate	R44
Pot Of Tea/Coffee	R45